

Activities supported under the legal mandate conferred on FOSPO

Courses with accommodation

The following rates apply to all sporting activities at the National Youth Sports Centre in Tenero that are supported under the legal mandate conferred on the Federal Office of Sport (FOSPO).

These activities comprise courses and camps, training camps and training courses for sport leaders that are run:

- by organisers of activities forming part of the Youth+Sport programme, including the training of managers
- by Swiss schools
- by Swiss sports federations
- by Swiss university departments
- as part of the Swiss training programme for sports managers for adults (esa)
- by Swiss sports associations.

Starting January 1, 2024, the overnight stay is billed according to the actual number of youth and adults in the group (adults pay the "adult" price and youths the price for participants under the age of 20). The adult price is applied from the year of the 20th birthday.

The CST does not have single rooms but double rooms for single use. In case of specific request and if the degree of occupancy allows, they can be granted at an additional charge of CHF 50 per night.

Prices per day, including VAT.

Courses with accommodation				
Price per person				
	Prices for young people aged < 20		Prices for adults aged > 20	
Guest accommodation Sasso Rosso, Casa Ospiti with full board (bathroom and WC on the floor; Standard-Hotel)	CHF 55	up to 4 nights	CHF 64	up to 4 nights
	CHF 47	5 nights or more	CHF 57	5 nights or more
Guest accommodation Dono nazionale svizzero with full board (with bathroom and WC; Sport-Hotel)	CHF 60	up to 4 nights	CHF 69	up to 4 nights
	CHF 52	5 nights or more	CHF 62	5 nights or more
Campsite with full board	CHF 40	up to 4 nights	CHF 43	up to 4 nights
	CHF 36	5 nights or more	CHF 39	5 nights or more
Campsite with self-catering	CHF 19	up to 4 nights	CHF 22	up to 4 nights
	CHF 17	5 nights or more	CHF 19	5 nights or more

Accommodation only		
Price per person		
	Prices for young people aged < 20	Prices for adults aged > 20
Guest accommodation Sasso Rosso, Casa Ospiti (bathroom and WC on the floor; Standard-Hotel)	CHF 35	CHF 50
Guest accommodation Dono nazionale svizzero (with bathroom and WC; Sport-Hotel)	CHF 40	CHF 55
Campsite	CHF 20	CHF 23

Board		
Breakfast	CHF 6	Per person
Lunch	CHF 12	Per person
Evening meal	CHF 12	Per person
Packed lunch	CHF 10	Per person
Surcharge for meals outside opening hours (when available)	CHF 5	Per person
Surcharge for barbecue (when available)	CHF 6.50	Per person

Sports facilities		
Use of sports facilities and equipment is included in the price of overnight accommodation, except for events and demonstrations and in further cases specified in the following list:		
Sauna	CHF 8	Per person
Bus hire <i>Excluding fuel</i>	CHF 60	Per half-day
Trailer hire	CHF 20	Per half-day
MTB hire		
Set of 13	CHF 60	Per half-day
Set of 2	CHF 10	Per half-day
Set Polobike hire (for 12 people)	CHF 60	Per half-day
Set BMX hire (for 12 people)	CHF 60	Per half-day
Sport Roller hire (for adults / instructors)	CHF 10	Per reservation and per piece
Football		
Friendly football matches on grass pitch <i>Including changing rooms and lighting</i>	CHF 200	Per match
Friendly football matches on artificial pitch <i>Including changing rooms and lighting</i>	CHF 100	Per match
Swimming pools		
Indoor swimming pool, 1 lane (50m) <i>From October to April</i>	CHF 20	Per hour
Indoor swimming pool, non-swimmers pool <i>From October to April</i>	CHF 30	Per hour
Swimming pool, all lanes <i>From October to April</i>	CHF 160	Per hour

General Terms and Conditions

General Terms and Conditions (binding information) can be found under the following link: <https://www.cstenero.ch/en/price>

Last update: 10.12.2024
Subject to change